

# SACRED IMMERSION

## Sacred Immersion RETREAT

*A sacred immersion weekend devoted to the merging and unification of your energy body with your human form — a journey of clearing, integration, and heart-centered embodiment. We will work through sacred circle, group resonance transformation, and individual energetic processes to unwind trauma, clear ancestral and familial patterns, and realign with your authentic heart center.*

### OUR APPROACH:

- Multidimensional Therapy
- Light Body Integration
- Re-Connective Therapy
- Relational Coaching

### MEALS:

- Snacks provided Friday evening
- Light lunch provided Saturday and Sunday
- Saturday dinner catered at an additional cost

### YOU'LL LEAVE WITH:

- A deeper sense of inner peace and neutrality
- Freedom in your relationships and roles
- Connection to your sacred heart center
- A renewed embodiment of love and purpose
- Creative possibility in life experience
- Weekend includes a 1-hour post-retreat integration Zoom call to support your unfolding.

***Set up a 15 minute zoom call with either Beth or Karen to see if this retreat is a good fit for you.***

**Beth:** [bisaak99@gmail.com](mailto:bisaak99@gmail.com)  
**Karen:** [kchonzena@gmail.com](mailto:kchonzena@gmail.com)

### MEET YOUR GUIDES

**Beth Beadle** is a Light Body Therapist and Reconnective Therapy practitioner with over two decades of experience in energy and healing arts. Her work supports the awakening and integration of the multidimensional self through subtle body awareness, heart coherence, and energetic realignment. Beth holds sacred space for transformation with deep compassion, guiding others toward harmony, wholeness, and the embodiment of their true light.



**Karen Chonzena** is a relationship and inner child coach, and founder of Soulular Therapy. Her work guides individuals into deep truth, emotional healing, and self-connection through relational coaching, energy work, and multidimensional integration. With a grounded and compassionate presence, Karen helps others return to their own heart center—where love, peace, and freedom naturally unfold.



**LOCATION:** Phoenix, AZ **DATES:** January 23–25, 2026 **INVESTMENT:** \$795

### SUGGESTED ACCOMMODATIONS

- Inn at Eagle Mountain – 4 blocks away from retreat location.
- Adero Resort Fountain Hills
- Fountain Park Hotel BW Signature Collection

Retreat location is 30 miles from Sky Harbor airport Phoenix, 35 miles from Mesa Gateway airport.